

Family Health Program

₹ 35,000* Only/-

- Using Kairali membership card, member & his/her family members can avail ₹ 70,000/- worth of single services with Kairali Ayurvedic Centre for a period of 12 months.
- Member will get 20% discount on single services at all Kairali Ayurvedic Centre across PAN India during membership period.
- Member will get 10% discount on Medicine & Retail products during this period.

National Accreditation Board for Hospitals and Healthcare Providers



The Delhi Centre of the Kairali Ayurvedic Group has been accredited by the National Accreditation Board for Hospitals & Healthcare Providers (NABH) under Panchakarma Clinic (PC) category. The accreditation recognises the contribution made by the Kairali Center in the Healthcare & Wellness sector in India. It implies that the center maintains the best practices for Ayurvedic treatments, highest degree of cleanliness, customer friendly approach, transparency and professionalism in its dealings with respect to the provided services and the projection of the same. Kairali follows the same ethics & protocol in all our centres focusing on best services and all associated decorum. It is just a matter of time before we will be proud to announce NABH accreditation of all our centres PAN INDIA.

Wellness Packages

Beat The Gym 10

10 Abhyangam - 4 Hands

₹21,000/- 12 months

Beat The Gym 5

5 Abhyangam - 4 Hands

₹ 11,000/- 12 months

Veda Diet

A personalized Diet Program for Feeling Healthier, Lighter & Fitter In Just 4 Weeks in just ₹ 4,999/-

Special Discounts*

First Booking Offer

Register with us & get 20% off on Abhyangam

Offer for Government Employees

50% off on Treatment & Services

Payment to be made in full. For Terms & Conditions, please contact Kairali Ayurvedic Centre. Family Health Program will not include Pizhichil & Navra Therapies.

Kairali Ayurvedic Centre

D - 130, Block D, Ambedkar Colony, Mehrauli, New Delhi - 110030

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Kairali Head Office : D - 130, Block D, Ambedkar Colony, Mehrauli, New Delhi - 110030.

Customer Care : +91-9555156156, W: www.kairalicentres.com



Detox the Ayurvedic way & Live a Healthy Life

Signature Therapies

Abhyangam 4 Hands

50 min – ₹ 2900/-

A relaxing introduction to Ayurveda with

2 therapists massaging in synchronized manner

An experience that will leave you wanting for more

Kairali's Royal Makeover Therapy with Kesha Lepam

150 min – ₹ 9800/-

Kairali's most special therapy to make one feel royal through ideal combination of Relaxing & Beautifying therapies

Sirodhara (Thailam)

55 min – ₹ 4200/-

Signature therapy of Kairali in which

medicated oil is dropped gently on forehead

Udwarthanam

55 min – ₹ 3100/-

An effective therapy with medicated powder to reduce weight & loose inches in those fatty areas

Navara Glow Facial

40 min – ₹ 2900/-

Tailor made herbal facial for all skin types, to get a perfect glow

Doctor Consultation

45 min – ₹ 1100/-

Comprehensive analysis to derive your body constitution and diagnose the root cause of health problem to eradicate the same.

Day Packages

Royal Makeover

(Without Kesha Lepam) 130 mins ₹ 8700/-
(With Kesha Lepam) 150 mins ₹ 9800/-
This therapy makes you feel royal with the luxury & pampering of Ayurveda; starts with traditional foot, head & body massage, followed by powder massage, head & body pack, herbal facial, netra dhara & completed with steam bath.

Holistic Package

(Abhyangam + Nasyam + Elakizhi) 100 mins ₹ 6,500/-
Combination of special Ayurvedic therapies to Relax, Revive & Detox; Leaves you fresh and glowing.

Relax Package

(Abhyangam + Herbal Facial) 75 mins ₹ 4200/-
A special massage of the whole body with herbal oil to relax the body and mind completely ; herbal facial to cleanse and exfoliate the skin followed by herbal face pack to bring radiance and glow to the skin.

Stress Buster Package

(Abhyangam + Sirodhara) 90 mins ₹ 6200/-
A perfect pick for you to Relax & De-stress.
Provides you a Rejuvenated Day & Sound Sleep for night .

Revive Package

(Abhyangam + Podikizhi) 90 mins ₹ 4999/-
A perfect pick to Revive & Rejuvenate after hectic schedules of day to day life. Relieves you from minor aches, spasms & pains, improves nerve conduction & blood circulation.



Beauty Therapies & Herbal Facials



Kairali’s Herbal Mukha
Abhyangam + Mukhalepam

Herbal Facial (Herbal Powder based)
30 min – ₹2100/-

Navara Glow Facial

Tailor made herbal facial for all skin types
40 min – ₹ 2900/-

Navara Body Scrub

Medicated rice based body scrub
60 min – ₹ 4200/-

Kairali’s Fruit Mukha
Abhyangam + Mukhalepam

Herbal Facial (Fruit Based)
30 min – ₹2300/-

Kairali’s Special Body Polish

Udgharshanam + Kaya Lepam
Special body scrub with pack
90 min – ₹ 5300/-

Kaya Lepam

Ayurvedic Herbal Body Pack
60 min – ₹ 3500/-

Kairali’s Soundarya Upchaar
(Siroabhyangam + Mukha
Abhyangam + Mukhalepam)

Herbal Facial with Head Massage
45 min – ₹ 2900/-

Kairali’s Special Kesha Lepam

Hair Pack with custom-made herbal mixtures
30 min – ₹ 1800/-

Navara Kaya Lepam

Medicated rice based body pack
60 min – ₹ 4200/-

Ayurvedic Therapies

Abhyangam 2 hands Ayurvedic Classical Body Massage with single therapist	50 min	2100	Pizhichil Medicated Oil Bath	55 min	4100	Netra Dhara Eye Cleansing Treatment	20 min	1700	Kashaya Vasti Herbal Decoction Enema Treatment	25 min	1800
Podikizhi Herbal Bundle Massage	50 min	2900	Udgharshanam Wet Powder Massage for slimming	55 min	3200	Netra Tharpanam Special Eye Treatment	30 min	1800	Lepanam Localised Herbal paste application	20 min	2100
Elakizhi Herbal Leaves Potli Massage	55 min	3500	Talapothichil Therapeutic Head Pack	45 min	2400	Nasyam Special Nasal Treatment	30 min	1500	Kairali’s Netra Upchaar (Netra Dhara + Netra Taprpanam) Ayurvedic Eye Treatments	60 min	2900
Manalkizhi Potli Massage with Processed Sand	45 min	2900	Greevavasti Cervical Pain Management Therapy	30 min	2200	Pichu Localised Oil application Treatment	30 min	2400	Daranika Chikitsa (Takradhara + Siro Abhyangam + Shalan) Ayurvedic Anti-dandruff Therapy	75min	4800
Navrakizhi Special Medicated Rice & Milk Bolus Massage	55 min	4200	Januvasti Knee Joint Pain Management Therapy	30 min	2000	Thalam Herbal Paste with oil application for head	30 min	1500	Kairali’s Ear Care Treatment (Karna Poornam + Dhooapanam) Ayurvedic Ear Care Treatments	30 min	3000
Kadikizhi Special Steamed Potli Massage	55 min	2900	Urovasti Special Oil Treatment for Chest area	45 min	2300	Dhooapanam Localised application of Medicated Steam	20 min	650	Siro / Pada / Hastabhyangam (Head / Foot / Hand Massage)	20 min	1400
Manjalkizhi Potli Massage with Processed Turmeric	45 min	2900	Sirovasti Medicated Oil Treatment for Head	30 min	2300	Ksheeradhoomam Localised application of Medicated Steam generated from milk	20 min	1200	Hasta & Padabhyangam (Hand & Foot Massage)	30 min	1900
Narangakizhi Potli Massage with Processed Lemon	45 min	3000	Kativasti Special Lower Back pain Treatment	20 min	2000	Matra Vasti Oil Enema Treatment	20 min	1800	Takradhara	45 min	4100
Muttakizhi Potli Massage with Medically Processed Eggs	45 min	3300	Dhanyamla Dhara	45 min	4200	Karnapooranam	20 min	1200			
Shirodhara 2 hands	55 min	3000				Kashaya Dhara	45 min	4200			